

Spirit of Place, Places of Spirit:

Creating a Healing Environment



Saturday, October 16, 2010

Co-sponsored by:



"Part of the North Carolina AHEC Program"

Date, Time & Place

Date: Saturday, October 16, 2010
Time: Registration: 8:30 am – 9:00 am
Program: 9:00 am – 5:00 pm
Place: MAHEC
Fee: \$75.00 / \$65.00 per person group rate
when 5 or more from the same
organization register at the same time

Audience

All health professionals including psychiatrists, social workers, psychologists, licensed professional counselors, substance abuse counselors, mental health, occupational therapists, massage therapists, nurses, and other professionals interested in this subject.

Conference Overview

The emphasis of the 2010 North Carolina Arts for Health Training Institute, presented this year in co-sponsorship with the Mountain Area Health Education Center, is on how environment impacts physical and emotional health, generates or saps creativity, and nurtures or depletes the spirit. Other themes include the incorporation of art and art-making into established institutional and healthcare settings; the intentional process of creating healing environments with healthcare professionals, patients, and the public in mind; the integration of creativity and spirituality into wellness practices of healthcare professionals.

Objectives

Upon completion of this activity, the participant should be able to:

- Recognize the impact of art and design on healing environments and the creation of sacred spaces in institutional settings
- Identify steps to be taken in creating healing environments and sacred spaces within established institutional and healthcare settings
- Examine the advantages of constructing collaborative relationships in the creative design process and in the use of healing and sacred spaces
- Apply the information presented to initiate the intentional process of creating healing and sacred spaces within established institutional and healthcare settings


Hotel Accomodations

Hotel information, including MAHEC's special corporate rate, will be included with your confirmation letter.

Have a question?

Registration Information: 828-257-4481
828-257-4475

Special Services:

828-257-4481 

Want to register?

Fax Registration: 828-257-4768
Online Registration: www.mahec.net
Mail: MAHEC Registration
501 Biltmore Ave.,
Asheville, NC 2880

Author and activist Fr. Richard Rohr, a Franciscan priest, wrote about creating sacred space and the difficulties of doing just that while trapped inside a closed system. He said, "Sacred space is by definition liminal space." Limina is the Latin word for threshold, the space betwixt and between. It can be a vulnerable and uncomfortable place to be in but it is necessary for sustaining balance and, ultimately, any kind of growth. "Everything genuinely new emerges in some kind of liminal space," said Rohr. "Here we are capable of seeing something beyond self-interest, self-will, and security concerns. True sacred space allows an alternative consciousness to emerge."

Jung referred to liminality as bringing unconscious material to conscious awareness in the individual's striving to create a more congruent balance between self and spirit. The focus of the NCAH Training Institute, then, is on the individual's bringing awareness of the sacred—however that might be defined—into the creative process of being more fully human and more fully functioning as a member of a community.

Artwork on cover panel courtesy of Carol Owen.

Agenda

- 8:30-9:00 Registration
 9:00-9:15 Greeting
 9:15-10:15 Keynote: Considerations on the Making of Architecture for Health
David Allison
 10:15-10:30 Break
 10:30-11:15 Plenary: Creating a Healing Space
Jaan Ferree
 11:15-12:15 Panel Discussion: Art and Spirit in Collaboration: Achieving Balance Among All the Elements
Blackmon, Broadway, Ferree, Mitchell, Nard, Torres
 12:15-1:30 Lunch & Learn (lunch provided)
 Expressive Arts Expo
 • Demonstrations and hands-on activities, including autophotography, music, clay therapy, and more
 • Poster exhibits
 • Tours of the St. Joseph's and Mission Hospitals Interfaith Chapels
 1:30-2:45 Breakout Session I:
 A. Crafting Personal Shrines & Memorials / *Owen*
 B. Establishing a Healing, Creative, and Spiritual Practice for Healthcare Professionals
Caldwell, Broadway
 C. The Use of Color in Healing Environments / *Ferree*
 2:45-3:00 Break
 3:00-4:15 Breakout Session II:
 D. Crafting Personal Shrines & Memorials (continued from 1:30p in Lecture Hall & Lobby)
 E. Collaboration by Design / *Torres*
 4:15-4:25 Break
 4:25-5:00 Closing
 5:00 Evaluation & Adjourment

Speakers

David J. Allison, FAIA, ACHA
 Professor of Architecture
 Director of Graduate Studies
 in Architecture and Health
 Clemson University
 Clemson, SC

Rev. David Blackmon
 Coordinating Pastor
 1st Baptist Church of Asheville
 Asheville, NC

Rev. Jerene Broadway
 Chaplain, Mission Hospitals
 Asheville, NC

Rebecca Caldwell, LPC
 Expressive Arts Therapist,
 Consultant, and Educator
 Asheville, NC

Jaan Ferree
 Intentional Designer
 Asheville, NC

Martha Mitchell
 A Touch of Glass
 Asheville, NC

Rev. David Nard
 Chaplain, Mission Hospitals
 Asheville, NC

Carol Owen
 Mixed Media Artist, Author,
 and Educator
 Pittsboro, NC

Cheri Torres, PhD
 Facilitator, Author, and Trainer
 Collaborative by Design
 Asheville, NC

Credit

MAHEC is a Provider approved by NAADAC Approved Education Provider Program. Provider #647. Full attendance is required to receive credit from NAADAC. 5.75 hours

Application has been made for 5.75 hours of "General Skill Building" credit from the North Carolina Substance Abuse Professional Certification Board.

MAHEC is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines (Provider #5514). 5.75 hours

Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved provider of Category A Continuing Education for North Carolina Licensed Psychologists. Full attendance is required to receive credit from the NC Psychology Board. 5.75 hours

Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for .6 CEUs as established by the National Task Force on the Continuing Education Unit.

A Note about Credits

Although Allied Health professionals, massage therapists and nurses can benefit from attending this conference, please note that discipline specific credit is not offered for these disciplines.

Registration

Early Registration Deadline: October 9, 2010

Early registration fee is \$75.00 / \$65.00 per person group rate when 5 or more from the same organization register at the same time. The registration fee includes administrative costs, educational materials, lunch, and refreshments. If registration is received after October 9, 2010 the registration fee will be \$90.00 and \$80.00 respectively.

Refund requests will be honored if received in writing in our office up to two full business days prior to the program date. If you do not cancel within the allowed time and you do not attend the class, you will be invoiced for the entire workshop fee. You may send a substitute. Please notify us of this change prior to the program.

Registration fees for MAHEC programs are due on or before the program date unless your organization is paying the fee as authorized by your supervisor on the registration form.

Spirit of Place, Places of Spirit Saturday, October 16, 2010

Name _____

Credentials _____

Social Security # XXX-XX-_____
(last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ ST _____ Zip _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ ST _____ Zip _____

Work County _____

Brochures go to home email
 Please remove my name from the MAHEC mailing list.
 Vegetarian meal requested. #11MH032/31236

Individual Rate \$75.00 if you register by October 9th
 \$90.00 after October 9th
 Group Rate per person \$65.00 if you register by October 9th
 \$80.00 after October 9th

Breakout Sessions. Choose one from each column. If you choose A, you must choose D as the session continues.

Session I: A. Personal Shrines → B. Healing Practices
 Session II: D. Personal Shrines E. Collaboration
 C. Use of Color

Employer will mail fee (fax registration now!)

Supervisor's Authorization PLEASE PRINT
 (Required only if your employer is paying the fee.)

Visa Mastercard Discover Card Am Ex

Account # _____

Exp _____ Name on Card _____

Signature _____

Make check payable to MAHEC and send to:
 MAHEC Registration, 501 Biltmore Avenue
 Asheville, NC 28801-4686 or Fax to 828-257-4768